

November 2017

St. Rose St. Mary's School *BREAKFAST* Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1 English Muffins, Energy Bites Cottage Cheese, Fruit, Choice of Milk	2 Bakery Bars, (strawberry, Oatmeal bars) Yogurt, Fruit, Choice of Milk	3 Pancakes Yogurt, Fruit, Choice of Milk
6 Cereal Cottage Cheese, Fruit, Choice of Milk	7 Wake up Casserole, Yogurt Fruit, Choice of Milk	8 Oatmeal Yogurt, Fruit, Choice of Milk	9 French Toast Yogurt, Fruit, Choice of Milk	10 NO SCHOOL
13 Bagels Cottage Cheese, Fruit, Choice of Milk	14 Cinnamon Nachos Yogurt, Fruit, Choice of Milk	15 Scrambled Eggs, Whole Wheat Toast Yogurt, Fruit, Choice of Milk	16 Cereal Cottage Cheese, Fruit, Choice of Milk	17 Pancakes Yogurt, Fruit, Choice of Milk
20 Egg Bake Yogurt, Fruit, Choice of Milk	21 Bakery Bars Yogurt, Fruit, Choice of Milk	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 English Muffins, Energy Bites Yogurt, Fruit, Choice of Milk	28 Muffins Yogurt, Fruit, Choice of Milk	29 Cinnamon Rolls Yogurt, Fruit, Choice of Milk	30 Pancakes Yogurt, Fruit, Choice of Milk	Menus subject to change due to availability

Please note: Milk choice includes non-fat or 1% milk

Milk: \$.45 per carton

Breakfast Cost: Students: \$1.45 / Adults: \$1.85

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